

What Matters Most

Conversations on the Art of Living

Edited by Anthony Morgan

Much has been written about the “art of living” and it typically conjures up ideas of therapy, meditation, peace, happiness, and so on. But what about the art of living in the midst of all the spectacular messiness generated by an aggressive, violent, anxiety-ridden, acquisitive, cruel and lustful species? The conversations that make up this book explore the questions that matter most to us as citizens of increasingly fractious societies and inhabitants of an increasingly fractured planet.

The ancient Greek philosopher Plotinus insisted that philosophy should be concerned with nothing less than “what matters most”. This collection of philosophical conversations by a new generation of philosophers and thinkers seeks to honour Plotinus’ vision by addressing questions related to the art of living. How are we to think about the art of living together, of living with technology, of living under oppression, of living in the end times? These engaging and urgent conversations invite us to think anew about the complexities and challenges involved in living a good life in a world characterized by uncertainty and change.

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